

Easy "Baked" Cinnamon Apples

- 1 apple, peeled, cored, and sliced
- 1 tablespoon butter
- 1 packet of Splenda or 1 tablespoon sugar
- 1/2 teaspoon cinnamon



Place the sliced apple in a microwave-safe bowl. Add the butter, cinnamon, and sugar. Microwave for 3-4 minutes, stirring halfway through, or until apples are tender.

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